

Please could practices ensure the information shown on their websites is correct and shows the revised Surrey IAPT service information during COVID-19.

Surrey IAPT is following government and public health guidelines aimed at preventing the spread of COVID-19 as best as possible. As a result, face-to-face appointments are temporarily not being offered.

IAPT services will continue to be provided virtually and details about how appointments will be delivered can be found below.

Provider	Contact Details	Hours of Operation (Appointments)	Service Delivery
Centre for Psychology	Registered with a GP in: East Surrey – 01737 306020 Guildford and Waverley – 01483 901429 North West Surrey - 01932 506510 Surrey Downs – 01372 610650 Surrey Heath – 01276 423020 Surrey@centreforpsychology.co.uk www.centreforpsychology.co.uk	Mon to Fri: 9am to 5.30pm	Telephone appointments
Dorking Healthcare (DHC)	01483 906 392 lapt.dhc@nhs.net www.dhctalkingtherapies.co.uk	Mon to Weds: 8am to 8pm Thurs to Fri: 8am to 6pm	Online video consultation, online therapy support or telephone appointments
Ieso Digital Health	0800 074 5560 info@iesohealth.com www.iesohealth.com	Anytime (typically 6am – 11pm)	Online therapy service
Mind Matters Surrey	0300 3305 450 Rxx.mindmatters-surrey@nhs.net www.mindmattersnhs.co.uk/surrey	Mon, Weds, Thurs and Fri: 8.30am to 7pm Tues: 8.30am to 8pm Sat: 9am to 5pm	Online video consultation or telephone appointments
Talking Therapies Surrey	0300 365 2000 Text SURREY to 07500 915 968 Bks-tr.surreytalkingtherapies@nhs.net www.berkshirehealthcare.nhs.uk/surreyonline	Anytime	Online therapy service and online video consultation
We are With You (formerly ThinkAction Surrey)	0300 012 0012 Enquiries@wearewithyou.org.uk www.wearewithyou.org.uk/mental-health	Mon to Fri: 8am to 5pm Limited treatment appointments available until 8pm	Online video consultation or telephone appointments